

**A BETTER
MEDWAY**
Easier ways to be healthy

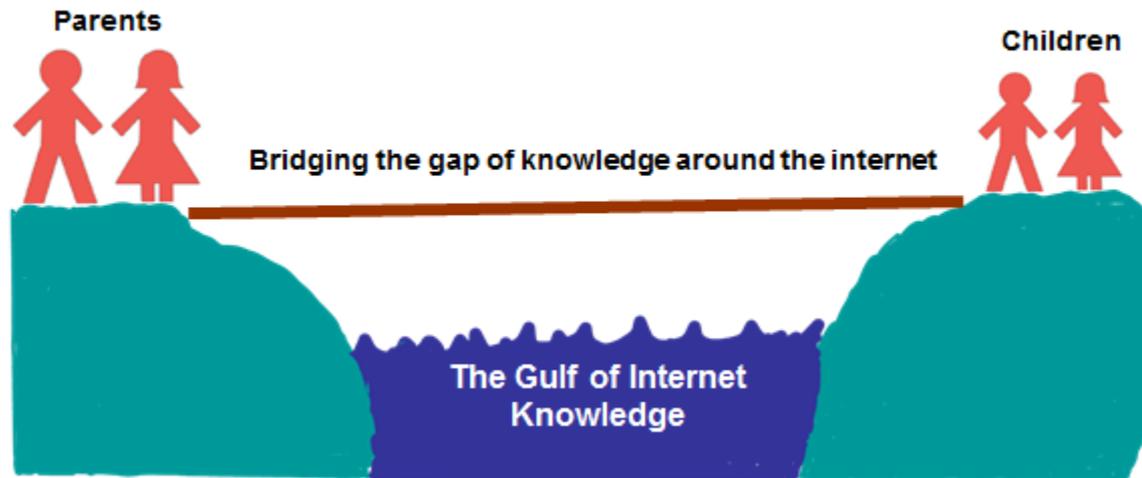
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Internet Safety

A Better Medway is brought to you by Medway Council

The objectives for this session:

- Raise awareness of the potential risks of life online
- Provide you with tips for online safety at home



Facts, figures and text speak!

- 53% of 3-4 year olds have access to tablets
- 74% of 12 year olds have social media accounts
- 58% consider Facebook to be their main media profile
- This age group are more likely to watch YouTube over TV
- 24% 8-11 and 69% 12-15 year olds own a smart phone
- Children spend on average 11 hours per week on the internet
- 60% of 12-15 year olds play games on line

LOL.....?

POS.....?

A/S/L....?

BRB.....?

GTG...?

ATM...?

OMG...?

BTW...?

303...?

143...?

ADDY...?

One click from danger and risk:

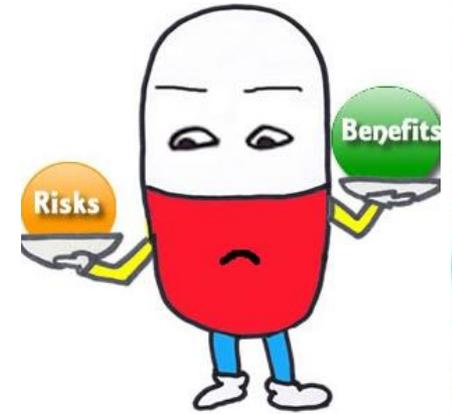
- Paedophiles use the internet to meet young people
- People lying to others online
- Bullying using the internet (Cyberbullying)
- Seeing inappropriate images and material
- Viruses, pop ups and charges
- Sexting, images and blackmail



Younger children	Tweens and Teens
Netiquette	Cyberbullying
Inappropriate pop ups and clips	Sexting
Passwords	Posting personal info
Not trusting everyone online	Meeting people off line

The benefits:

- Educational games and programmes
- Research information
- The opportunity to communicate with people from all around the world and stay in touch with family and friends.
- The opportunity to share resources and ideas with people that have the same interests
- Shopping around the world without leaving your computer
- The direction the world is traveling



My advice to you:

Depending on your children

- Age
- Development
- Maturity
- Access

Keeping
Your
Children
Safe

- Technical tools (Pins, Passwords, Parental controls)
- Talking regularly and open communication.
- Rules and Restrictions
- Supervision

PEGI rating system

PEGI (Pan European Game Information) is a system of age-rating and labelling games, which includes descriptors to indicate the main reasons why a game has received a particular age rating:



Bad language

Game contains bad language



Discrimination

Game contains depictions of, or material which may encourage, discrimination



Drugs

Game refers to or depicts the use of drugs



Fear

Game may be frightening or scary for young children



Gambling

Games that encourage or teach gambling



Sex

Game depicts nudity and/or sexual behaviour or sexual references

Age-rating of game in years



Violence

Game contains depictions of violence



Online gameplay

Game can be played online



- Frightening and shock tactics.
- Shrug something off that is worrying them
- Its not real why are you scared
- Shout
- Ignore their reasoning
- Give no trust or freedom

- Listen intensively
- Its not their fault
- Answer questions or find out the answer
- Help report
- Establish expected behaviour
- Set consequences together
- Set up accounts together
- Review pictures
- Talk with friends too
- Ensure they know what to do-

Save
Report
Block
Talk





<https://www.ceop.police.uk/safety-centre/>

<https://www.thinkuknow.co.uk/>

<https://www.nspcc.org.uk/>

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